

MEDIC First Aid BasicPlus CPR, AED and First Aid for Adults

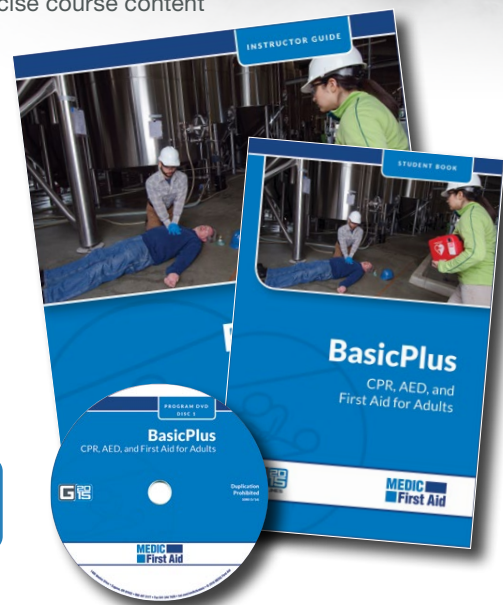
The MEDIC First Aid® *BasicPlus* program helps students develop the CPR, AED and first aid skills to respond to an adult in a medical emergency. Ideal for the occupational first aid provider, this 4-5 hour class conforms to the *2015 AHA Guidelines Update for CPR and ECC* and the *2015 AHA and ARC Guidelines Update for First Aid*. *BasicPlus* helps employers meet OSHA and other federal and state regulatory requirements for training employees how to respond and care for medical emergencies at work.

Course Highlights

- Real-life scenario videos, full-color printed materials and clear, concise course content
- 2-year certification
- 4-5 hour class includes plenty of time for skills practice
- Classroom or blended learning options available

Course Topics Include:

- Role of the first aid provider
- Protecting yourself
- Sudden cardiac arrest
- Caring for cardiac arrest: CPR
- Using an AED
- Multiple provider approach to CPR
- Choking
- Control of bleeding
- Shock
- Stroke
- Poisoning
- Altered mental status
- Head, neck, and back injuries
- Nosebleed
- Burns
- Heat and cold emergencies



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