

# Wilderness First Aid

ASHI's Wilderness First Aid program is designed to meet or exceed the Boy Scouts of America *Wilderness First Aid Curriculum and Doctrine Guidelines, 2017 Edition*. This comprehensive program prepares camp counselors, trail guides and other outdoor enthusiasts how to respond with effective emergency care in the unique situations that wilderness environments create.

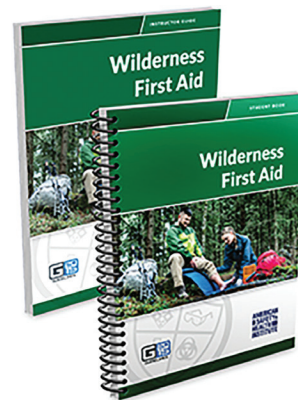
## Course highlights

- Designed for individuals who are not healthcare providers or professional rescuers but desire or are required to be certified in wilderness first aid knowledge and skills
- Comprehensive student book and clear, concise course content
- 2-year certification
- 16-hour class with emphasis on hands-on skills and scenario practices
- Musculoskeletal Injuries
- Extended Injury Management
- Poisoning
- Heat and Cold Emergencies
- Bites and Stings
- Submersion (Drowning)
- Lightning Strikes
- Altitude Illnesses

## Class topics include:

The course follows the BSA curriculum, and includes topics such as:

- Wilderness First Aid
- Moving and Lifting
- Initial and Focused Assessments
- Shock
- Control of Bleeding
- Caring for Wounds
- Cleaning, Closing and Dressing Wounds
- Burns



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